The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <a href="https://fiproviderdirectory.ngic.com">https://fiproviderdirectory.ngic.com</a> or call 1-800-323-3049. For general definitions of common terms, such as allowed amount, <a href="https://www.healthcare.gov/sbc-glossary">balance billing</a>, <a href="https://www.healthcare.gov/sbc-glossary">coinsurance</a>, <a href="https://www.healthcare.gov/sbc-glossary">copayment</a>, <a href="https://www.healthcare.gov/sbc-glossary">deductible</a>, <a href="https://www.healthcare.gov/sbc-glossary">provider</a>, or other <a href="https://www.healthcare.gov/sbc-glossary">underlined</a> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-800-323-3049 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For participating <u>providers</u> \$9,200 individual/\$18,400 family; For non-participating <u>providers</u> \$18,400 individual/\$36,800 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For participating <u>providers</u> \$9,200 individual/ \$18,400 family; for non-participating <u>providers</u> \$27,600 individual/ \$55,200 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, penalty for not obtaining Preauthorization and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a participating provider?	Yes. See <a href="https://fi-providerdirectory.ngic.com">https://fi-providerdirectory.ngic.com</a> or call 1-800-323-3049 for a list of <a href="participating">participating</a> <a href="providers">providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>non-participating provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>participating provider</u> might use a <u>non-participating provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	Covered at 100% after deductible is met.	30% coinsurance	None
	Specialist visit	Covered at 100% after deductible is met.	30% coinsurance	None
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No charge	30% <u>coinsurance</u>	As required under the Affordable Care Act (ACA), cost sharing does not apply to identified clinical preventive services. Any other preventive medicine services covered under your plan are subject to deductible and coinsurance. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
	<u>Diagnostic test</u> (x-ray, blood work)	Covered at 100% after deductible is met.	30% coinsurance	None
If you have a test	Imaging (CT/PET scans, MRIs)	Covered at 100% after deductible is met.	30% coinsurance	Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment.
If you need drugs to treat your illness or condition More information about	Generic drugs (Tier 1)	Covered at 100% after deductible is met.	Not covered	When a generic is available, pay the difference between the Brand and Generic contracted rate. Covers up to a 30-day supply (retail prescription); 31-90-day supply (mail order prescription).
prescription drug coverage is available at https://www.cigna.com/st atic/www-cigna- com/docs/individuals- families/member- resources/prescription/le	Preferred brand drugs (Tier 2)	Covered at 100% after deductible is met.	Not covered	When a generic is available, pay the difference between the Brand and Generic contracted rate. Covers up to a 30-day supply (retail prescription); 31-90-day supply (mail order prescription).
	Non-preferred brand drugs (Tier 3)	Covered at 100% after deductible is met.	Not covered	When a generic is available, pay the difference between the Brand and Generic contracted rate. Covers up to a 30-day supply (retail prescription); 31-90-day supply (mail order prescription).

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://fi-providerdirectory.ngic.com">https://fi-providerdirectory.ngic.com</a>.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
gacy-performance-4- tier.pdf	Specialty drugs (Tier 4)	Covered at 100% after deductible is met.	Not covered	Preauthorization is required. Benefits will not be covered unless they have been authorized by the Plan. *See sections in Plan Certificate on Medical Benefits and Outpatient Prescription Drug Benefits for additional details.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Covered at 100% after deductible is met.	30% coinsurance	<u>Preauthorization</u> is required. If not received, benefits will be reduced for otherwise Covered Charges by	
surgery	Physician/surgeon fees	Covered at 100% after deductible is met.	30% coinsurance	30%, but by no more than \$1,000 per course of treatment.	
	Emergency room care	Covered at 100% after deductible is met.	Covered at 100% after deductible is met.	Non-emergency use will result in a reduction of charges.	
If you need immediate medical attention	Emergency medical transportation	Covered at 100% after deductible is met.	Covered at 100% after deductible is met.	To the nearest Acute Medical Facility that can treat the sickness or injury.	
medical attention	Urgent care	\$75 <u>copay</u> /visit; <u>deductible</u> does not apply	30% coinsurance	None	
	Facility fee (e.g., hospital room)	Covered at 100% after deductible is met.	30% coinsurance	Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by	
If you have a hospital stay	Physician/surgeon fees	Covered at 100% after deductible is met.	30% coinsurance	30%, but by no more than \$1,000 per course of treatment. For transplant services that are not preauthorized, benefits will be reduced by 50% of the otherwise Covered Charges.	
If you need mental	Outpatient services	Covered at 100% after deductible is met.	30% coinsurance	Copay applies to exam charge only.	
health, behavioral health, or substance abuse services	Inpatient services	Covered at 100% after deductible is met.	30% coinsurance	<u>Preauthorization</u> is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment.	
If you are pregnant	Office visits	Covered at 100% after deductible is met.	30% <u>coinsurance</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). *See section in Plan Certificate on Medical Benefits for other services.	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://fi-providerdirectory.ngic.com">https://fi-providerdirectory.ngic.com</a>.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery professional services	Covered at 100% after deductible is met.	30% coinsurance	None
	Childbirth/delivery facility services	Covered at 100% after deductible is met.	30% coinsurance	None
	Home health care	Covered at 100% after deductible is met.	30% coinsurance	Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. Limited to 100 visits per year. Limit does not include visits for Home Infusion Therapy or Private Duty Nursing.
If you need help recovering or have other special health needs	Rehabilitation services	Covered at 100% after deductible is met.	30% coinsurance	Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. Outpatient limit of 20 visits per year for physical therapy (PT). Limit of 20 visits per year for occupational therapy (OT). Limit of 20 visits per year for speech therapy (ST). Limit of 36 visits per year for cardiac rehabilitation. Limit of 20 visits per year for pulmonary rehabilitation. Inpatient Rehabilitative services are limited to a combined maximum benefit of 60 days each Year.
	<u>Habilitation services</u>	Covered at 100% after deductible is met.	30% coinsurance	Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. Combined limit of 40 visits per year for PT/OT/ST.
	Skilled nursing care	Covered at 100% after deductible is met.	30% coinsurance	Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. Maximum Benefit of 90 days per year.
	Durable medical equipment	Covered at 100% after deductible is met.	30% coinsurance	Preauthorization is required for amounts greater than \$1,500. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://fi-providerdirectory.ngic.com">https://fi-providerdirectory.ngic.com</a>.

Common Medical Event Services You May Need		What You Will Pay			
		Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
		Hospice services	Covered at 100% after deductible is met.	30% coinsurance	<u>Preauthorization</u> is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment.
l <b>f</b>	hild was de	Children's eye exam	No charge	50% <u>coinsurance</u> . <u>Deductible</u> does not apply	Limited to 1 exam per year. Please visit <a href="https://www.vsp.com/advantageonly">www.vsp.com/advantageonly</a> or call 1-800-877-7195 to locate a participating <a href="provider">provider</a> .
If your child needs dental or eye care	Children's glasses	No charge	50% <u>coinsurance</u> . <u>Deductible</u> does not apply	Limited to 1 exam per year. Please visit <a href="https://www.vsp.com/advantageonly">www.vsp.com/advantageonly</a> or call 1-800-877-7195 to locate a participating <a href="provider">provider</a> .	
		Children's dental check-up	No charge	No charge	Limited to 2 exams per year.

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Hearing Aids

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.

- Routine eye care (Adult), except for treatment of diabetes
- Routine foot care, except for treatment of diabetes
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

- Chiropractic care, limit of 12 visits per year.
- Private Duty Nursing, limit of 82 visits per year.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>plan</u> at 1-800-323-3049 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the Marketplace, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the <u>plan</u> at 1-800-323-3049 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) <u>www.dol.gov/ebsa/healthreform</u>.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://fi-providerdirectory.ngic.com">https://fi-providerdirectory.ngic.com</a>.

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-323-3049.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-323-3049.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-323-3049.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-323-3049.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://fi-providerdirectory.ngic.com">https://fi-providerdirectory.ngic.com</a>.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$9,200
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$9,200	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$9,260	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$9,200
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other <u>coinsurance</u>	0%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,300	
Copayments	\$300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$2,620	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$9,200
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.